

# HIGH SCHOOL STUDENTS

# SACRAMENTAL PROCESS 2025

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# **Program Dates:**

Date:

Session 1: Introduction

6<sup>th</sup> May 2025

- Why Am I Here?
- History of the Church and the Mission of Christ.
- Why be Catholic?

Session 2: Sacraments

13th May 2025

- The Power and Purpose of the Sacraments
- Baptism, the initiation into God's Family

Session 3: Prayer

20<sup>th</sup> May 2025

- Importance of Prayer and reflection
- Getting to know God through Prayer

Session 4: The Sacrament of Reconciliation

27th May 2025

- The healing power of Confession
- Why do I tell my sins to a Priest?
- Rite of Reconciliation

Session 5: The Mass

3rd June 2025

- Encountering Jesus in the Eucharist
- The Order of Mass

### Date:

### Session 6: The Mass

10<sup>th</sup> June 2025

- Holy Stuff Items used for Mass
- Getting more out of Mass
- Battling through distractions

### Session 7: The Holy Spirt

17<sup>th</sup> June 2025

- Meeting the Third Person of the Trinity
- Gifts of the Holy Spirit
- The Sacrament of Confirmation

### Session 8: The Mission of Christ and His Church

24th June 2025

- The Journey Continues Other Sacraments i.e. Holy Orders and Marriage.
- Being disciples of Christ Your personal mission